

K E V I N
LOVE FUND

SONY PICTURES
ANIMATION
GOAT
EXCLUSIVELY IN THEATERS

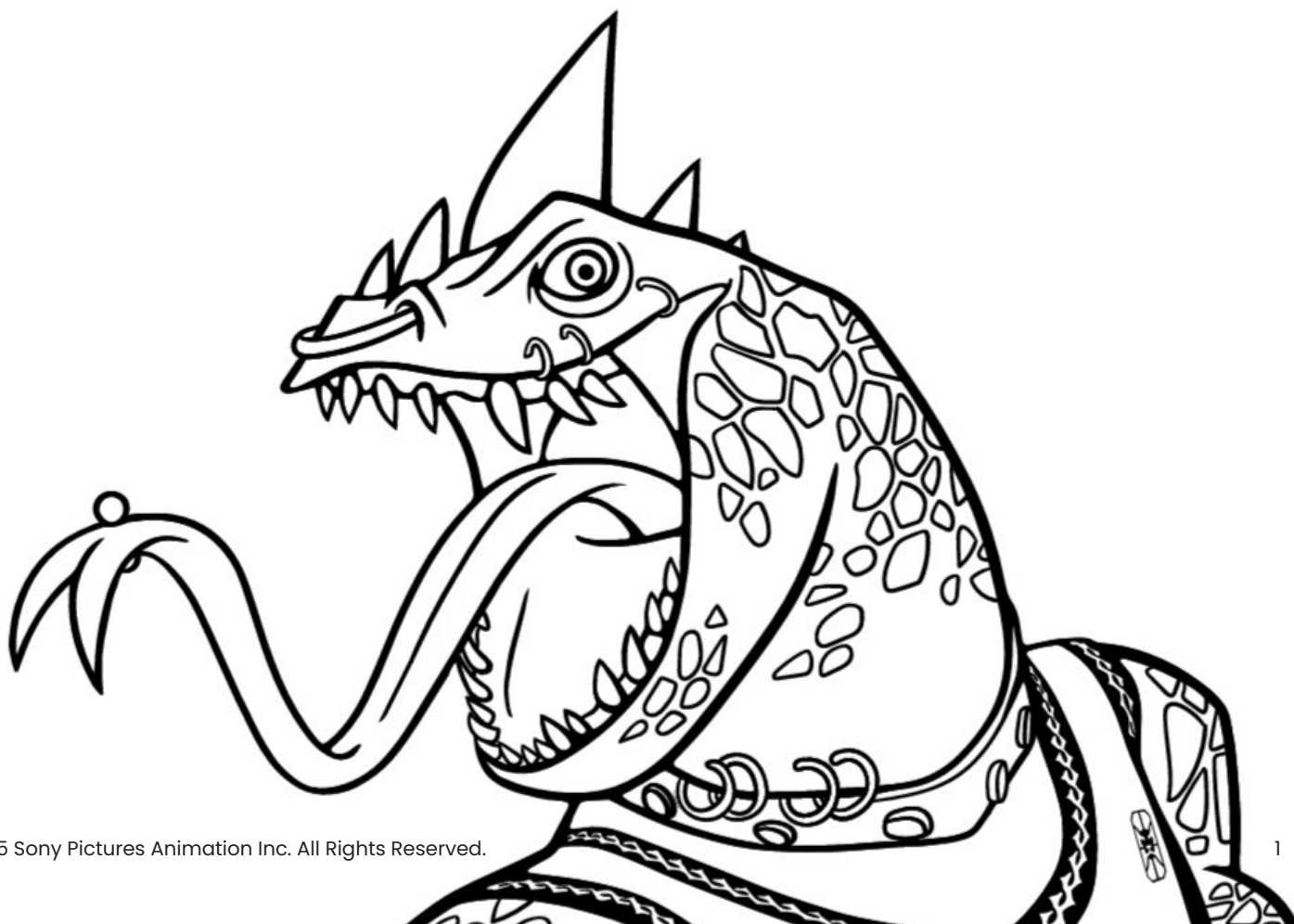
GOAT: BEYOND THE GAME

Lesson Two – Managing Anger



MODO'S MASK

Reflect on a time you felt angry, and use colors, shapes, patterns, and designs to show your emotions on the mask.



Complete this sentence to describe the emotions underneath the anger.

Underneath the anger I was also feeling _____

because _____

What were the other emotions you were feeling underneath the anger? Were you feeling sad, afraid, disappointed, lonely, or another emotion? Draw a picture below to represent these feelings.