

K E V I N  
**LOVE FUND**

SONY PICTURES  
**ANIMATION**  
**GOAT**  
EXCLUSIVELY IN THEATERS

# **GOAT: BEYOND THE GAME**

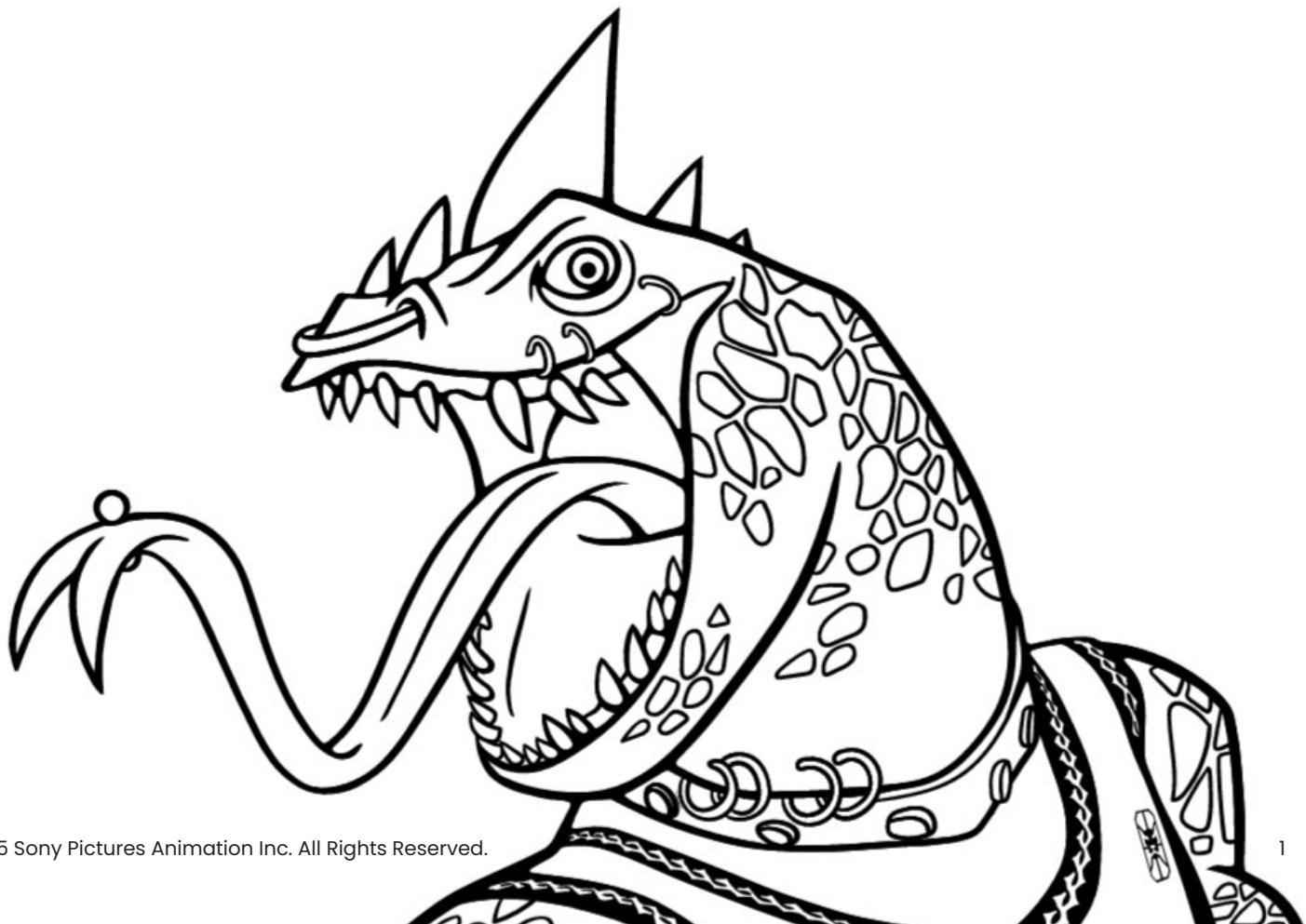
## **Lesson Two –**

## **Managing Anger**



### **MODO'S MASK**

Reflect on a time you felt angry, and use colors, shapes, patterns, and designs to show your emotions on the mask.



K E V I N  
**LOVE FUND**



Complete this sentence to describe the emotions underneath the anger.

Underneath the anger I was also feeling \_\_\_\_\_

because \_\_\_\_\_

What were the other emotions you were feeling underneath the anger? Were you feeling sad, afraid, disappointed, lonely, or another emotion? Draw a picture below to represent these feelings.