K E V I N

LOVE FUND

Everyone is Going Through Something

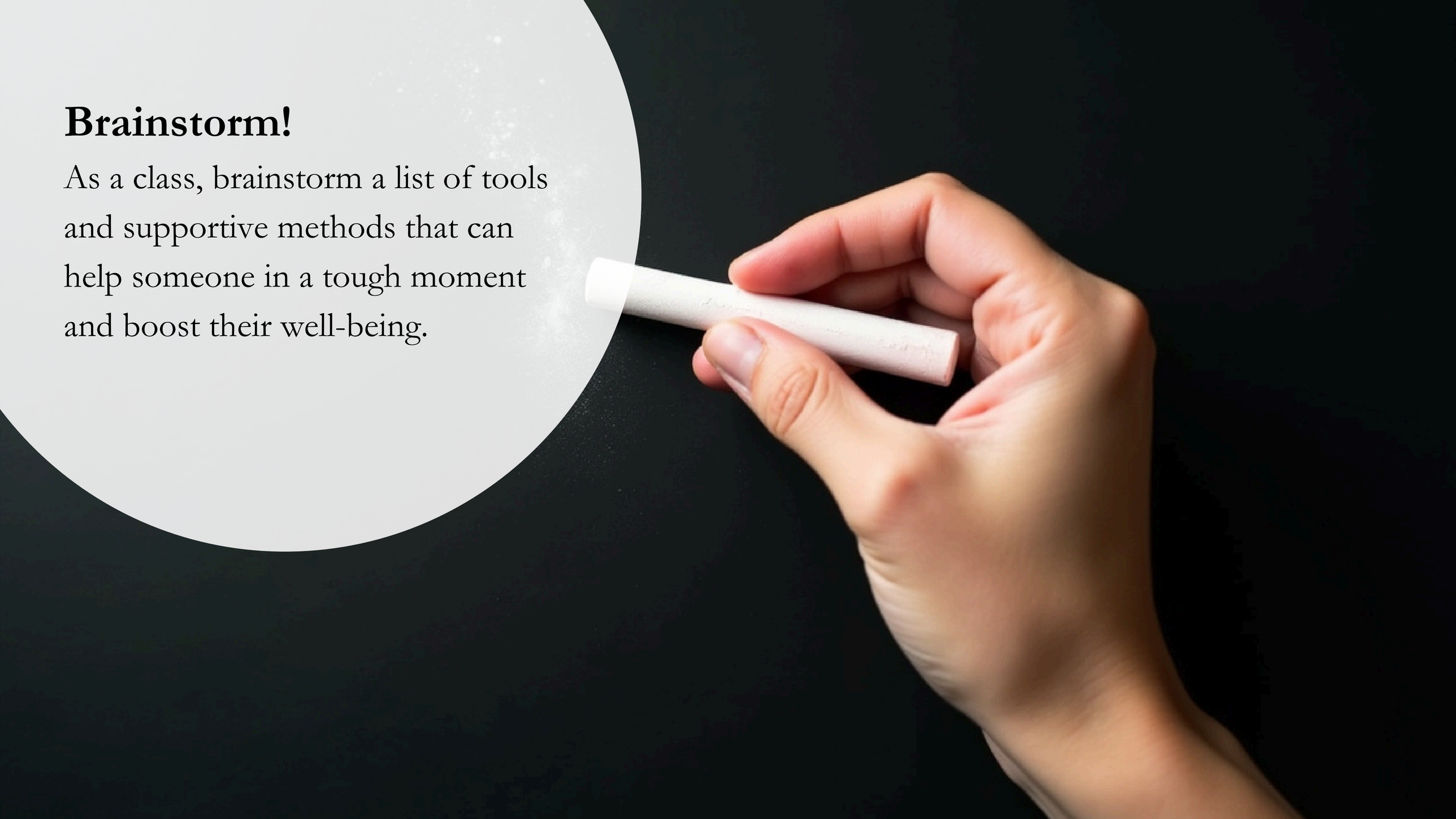


Today:

- **Expert Video**
- **Brainstorm Ideas**
- **Creative Activity: Choose Your Artistic Medium**

Brainstorm!

As a class, brainstorm a list of tools and supportive methods that can help someone in a tough moment and boost their well-being.





Reflection Project

- What are your biggest takeaways from these lessons? What are your favorite ideas, tools, and activities?
- How do you want to organize and illustrate the supportive techniques you've learned?
- Choose an artistic medium (photography, drawing, painting, letter writing, poetry, collage) to help you remember your favorite ideas from these lessons.